

Info . umas@umdgc.com

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 ICE 5:00-7:00p ROYALS 7:30-9:30p	2	3
4 ICE 12:00-2:00p REIGN 4:00-6:00p ROYALS 6:00-8:00p	5 REIGN 7:30-9:30p	6 ICE 5:00-7:00p ROYALS 7:30-9:30p	7 REIGN 7:30-9:30p	8 ICE 5:00-7:00p ROYALS 7:30-9:30p	9	10 PRACTICE TBD
11 ICE 12:00-2:00p REIGN 4:00-6:00p ROYALS 6:00-8:00p	RED/PINK Prac.12 REIGN 7:30-9:30p	RED/PINK Prac.13 ICE 5:00-7:00p ROYALS 7:30-9:30p	14 REIGN 7:30-9:30p	15 ICE 5:00-7:00p ROYALS 7:30-9:30p	LOVE THEME 16 LEVEL 1-2 & 4 5:00-6:30 LEVEL 3 & 5 6:00-7:30	17 WSF Philadelphia, PA
18 ICE 12:00-2:00p REIGN 4:00-6:00p ROYALS 6:00-8:00p	19 REIGN 7:30-9:30p	20 ICE 5:00-7:00p ROYALS 7:30-9:30p	21 REIGN 7:30-9:30p	22 ICE 5:00-7:00p ROYALS 7:30-9:30p	23	24
25 ICE 12:00-2:00p REIGN 4:00-6:00p ROYALS 6:00-8:00p	26 REIGN 7:30-9:30p	27 ICE 5:00-7:00p ROYALS 7:30-9:30p	28 REIGN 7:30-9:30p			

UMAS LEVEL 4-5

Don't forget to check out the website **UMDGC.com** and on our **Facebook Page** daily for updated information!

Tory – 609.724.5667
Paige – 610.800.0648
Jennifer – 484.832.3305
Alexandria – 610.203.9906
 PLEASE TEXT when you are running late or missing!

- **MON/TUES** UM practice set
- **WEDS/THURS** TEAM practice set
- **SUN** UM.tank w/blue shorts
- BOWS are a bonus! UM colors
- Tanks can be worn on top of any sports bra set – Navy or White