

Info . umas@umdgc.com

January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	UCA FEE 1 CLOSED	2 ICE 5:00-7:00p ROYALS 7:30-9:30p	3 REIGN 7:30-9:30p	4 ICE 5:00-7:00p ROYALS 7:30-9:30p	5 SUPER HERO THEME LEVEL 1-2 & 4 5:00-6:30 LEVEL 3 & 5 6:00-7:30	6 JAM LIVE Philadelphia, PA
7 ICE 12:00-2:00p REIGN 4:00-6:00p ROYALS 6:00-8:00p	8 REIGN 7:30-9:30p	9 ICE 5:00-7:00p ROYALS 7:30-9:30p	10 REIGN 7:30-9:30p	11 ICE 5:00-7:00p ROYALS 7:30-9:30p	12 WHITE OUT THEME LEVELS 3.4.5 5:00-7:30	13 Spirit Cheer AC, NJ
14 Spirit Cheer AC, NJ	15 COMP FEE DUE REIGN 7:30-9:30p	16 ICE 5:00-7:00p ROYALS 7:30-9:30p	17 REIGN 7:30-9:30p	18 ICE 5:00-7:00p ROYALS 7:30-9:30p	19	20
21 ICE 12:00-2:00p REIGN 4:00-6:00p ROYALS 6:00-8:00p	22 REIGN 7:30-9:30p	23 ICE 5:00-7:00p ROYALS 7:30-9:30p	24 REIGN 7:30-9:30p	25 ICE 5:00-7:00p ROYALS 7:30-9:30p	26 COLOR THEME LEVEL 1-2 & 4 5:00-6:30 LEVEL 3 & 5 6:00-7:30	27 Northeast Champ. AC, NJ
28 ICE 12:00-2:00p REIGN 4:00-6:00p ROYALS 6:00-8:00p	29 REIGN 7:30-9:30p	30 ICE 5:00-7:00p ROYALS 7:30-9:30p	31 REIGN 7:30-9:30p			

UMAS LEVEL 4-5

Don't forget to check out the website **UMDGC.com** and on our **Facebook Page** daily for updated information!

Tory – 609.724.5667
Paige – 610.800.0648
Jennifer – 484.832.3305
Alexandria – 610.203.9906
 PLEASE TEXT when you are running late or missing!

- **MON/TUES** UM practice set
- **WEDS/THURS** TEAM practice set
- **SUN** UM.tank w/blue shorts
- BOWS are a bonus! UM colors
- Tanks can be worn on top of any sports bra set – Navy or White