



Dalmatian Classic



Session 1: Level 8, 9, & Diamond

- Format: Modified Traditional
- Level 8 Gymnasts: Carolina B, Megan C, Wiktorina R
- Level 9 Gymnasts: Emily S
- Level Diamond Gymnasts: Mackenzie S
- Staff: Chris
- Date: Friday, Feb 9
- Open Stretch: 8:00a

Session 2: Platinum

- Format: Capital Cup
- Gymnasts: Ana A, Sophia B, Cecelia H, Juliana K, Catherine M, Morgan R, Ava S, Gianna S, Skylar V, Veronica V, Ilana Z
- Staff: Jean and Chris
- Date: Friday, Feb 9
- Open Stretch: 12:00p

Session 3: Level 6 & 7

- Format: Capital Cup
- Level 6 Gymnasts: Kaitlin R
- Level 7 Gymnasts: Ashley Ann E, Katelyn K, Ellyn K, Isabelle R
- Staff: Chris
- Date: Friday, Feb 9
- Open Stretch: 4:30p

Session 7: Level 5

- Gymnasts: Damaris B, Claire B, Gabriela F, Zoe R, Isabel R, Ainsley S, Elina U, Jordyn W
- Staff: Jean
- Date: Saturday, Feb 10
- Open Stretch: 5:30p

Session 11: Level 3

- Gymnasts: Fiona A, Ellen C, Alexis F, Ryan H, Kayla K, Susanne S, Laylah Y
- Staff: Trisha
- Date: Sunday, Feb 11
- Open Stretch: 4:00p

Session 12: Level 4

- Gymnasts: Cecilia A, Julia B, Elena D, Julie F, Sophia F, Elizabeth G, Melissa G, Mia K, Amelia M, Miranda M, Sophia M, Margaret R, Sophie T, Ashtyn W
- Staff: Melissa, Jean, and Trisha
- Date: Sunday, Feb 11
- Open Stretch: 6:30p

Workout Schedule for Meet Weekend						
Day	Level 3	Level 4	Level 5	Level 6 & up	Platinum & Topaz	Diamond
Friday	5:00p-7:30p	5:00p-7:30p				
Saturday			1:00p-4:30p	1:00p-4:30p	10:00a-12:30p	10:00a-12:30p
Sunday	4:30p-7:00p				5:30p-8:00p	

Special Notes

- Follow “Dalmatian Classic” Facebook page for lots of information
- Admission fee: \$13 Adults; \$8 Child 3-17; free under 3.
- Friday session: Do not park in the 5th lot with other businesses. Weekend session can use lot 4 & 5; do not park on the street or you will be towed.

Spirit Gymnastics

513 Dickerson Road, North Wales, PA 19454; www.spiritgymnastics.com; www.dalmatianclassic.com;
Time 0:26; Distance: 12.3

1. 202 N. through Norristown and Center Square.
2. Turn left onto Sumneytown Pike at William Penn Inn, Gwynedd, PA.
3. Sumneytown Pike/Main Street for approximately 1.9 miles.
4. Turn right onto Dickerson Road.
5. Gym is .4 miles on the right; 3rd building.

