



UMAS Cheer Team Handbook June 2026-May 2027

UMAS – Upper Merion All Stars

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INTRODUCTION

Welcome to UMAS! We want to personally welcome all newcomers to our program, as well as extend our gratitude to all returning athletes for their dedication and loyalty. We strive to teach the athletes the value of commitment, hard work, integrity, leadership, self-confidence, teamwork, positive attitudes, and a love for the sport. We understand the commitment of all star cheer and we will never take your support for granted. Our goal at UMAS is to develop the best teams possible, as well as instill qualities and values that last a lifetime! The following handbook contains the rules, policies, and procedures for the upcoming competitive season. If you have any questions, please do not hesitate to contact the UMAS staff.

UMDGC'S MISSION STATEMENT AND GOALS

"Provide a safe, fun-filled, educational, and healthy experience in dance, gymnastics, and cheerleading to participants of all ages and abilities."

The UMAS staff is delighted to have the opportunity to be part of your lives and will do everything possible to make your experience memorable and exciting. Our staff strive to:

- promote fitness through movement and progressive instruction.
- foster emotional development using timely motivation and discipline.
- respect the family through convenient policies and schedules.
- encourage balance in the individual by allowing participation in multiple activities.
- have the participant perform at or above expectations based upon ability and time commitment.

HANDBOOK POLICIES

UMAS and UMDGC

Upper Merion All Star (UMAS) is fully owned by Upper Merion Dance & Gymnastics Center, LLC. Any references to UMAS or Upper Merion All Star also apply to UMDGC and Upper Merion Dance & Gymnastics Center, LLC.

Compliance

The participant, parent/guardians, and all guests agree to comply with the rules, policies, and procedures of UMAS as listed in this Team Handbook, Commitment Form, posted in the facility, and as communicated by UMAS staff. Failure to comply may lead to disciplinary actions including, but not limited to: timeouts, being sent home from practice, suspension, being removed from the roster for an upcoming competition without refund, and expulsion without refund.

Changes to the Handbook

For the remainder of the competitive season, UMAS will make changes to the rules, policies, and procedures only when required by USASF or USA Cheer, if a current policy endangers the participants, or when policies adversely affect scores at competitions. If anything must be changed, a notification will be distributed by email, posted in the BANDS, and the online handbook will be updated.

Resolution of Conflicts

The Owner Operator may provide exemptions to these rules at their discretion. If a conflict is unable to be resolved by the UMAS Team Staff and UMAS Owner Operator, there is a request to clarify the contents of the handbook, or the operations of the team program conflict with the operation or philosophy of UMAS, the UMDGC owners and UMAS owner operator will use the handbook and their vision for UMAS to resolve the problem, irrespective of prior arrangements and exemptions.

Clarification of Terms

Superiors and supervisors include any of the following positions that are filled at the time in question: Owner Operator and/or UMDGC owner. Parents include the biological parents, adoptive parents, and all legal guardians.

SAFE@ALLSTAR

UMAS fully complies or exceeds the requirements for USASF's Safe@AllStar. Information about Safe@AllStar is available online at www.usasf.net. All UMAS team members, staff, and family members must follow these policies. Failure to comply will lead to dismissal from UMAS programming, legal action, and/or disciplinary action by USASF. Mandatory annual training is required for all adult athletes, parents, and staff.

USAGE OF UMAS NAMES, LOGOS, LIKENESSES

The names, logos, and team names of UMDGC and UMAS's various parts, and the likenesses of any of these, are the sole property of the owners of UMDGC/UMAS. These cannot be used directly and indirectly to endorse a third-party item or service.

Anyone wishing to use the names, logos, team names, etc. must have the prior written approval of the UMDGC/UMAS owners. Anything created without an owner's prior written approval is not authorized, and may not be worn, displayed, or sold. Failure to comply may lead to disciplinary action, including dismissal from UMDGC/UMAS programming without refund.

SOLICITATION

UMDGC does not allow any solicitation by third parties at UMAS, and during events that UMAS sponsors without the prior written authorization of the owner operator and owners.

WITHDRAWING

IF WITHDRAWING FROM UMAS, YOU ARE REQUIRED TO COMPLETE AND CONFIRM A UMDGC REQUEST FORM ONLINE AT WWW.UMDGC.COM. Conversations, emails, band messages, or any other forms of communication requesting a withdraw from UMAS or UMDGC program are not valid methods of communicating the desire to withdraw; only the UMDGC Request Form is a valid method to withdraw.

The date the UMDGC Request Form is received by the UMDGC front Desk is the date that is used to determine the eligibility of any credits and refunds. See more details in the Financial Commitments section later in this handbook.

COMMUNICATION OUTSIDE OF UMAS

It is imperative that communication with anyone outside of UMAS is done only by UMAS staff. This includes, but is not limited to: uniform vendors, choreographers, judges, competition host, event workers, and staff and members of other teams. Communication with these outside individuals, groups, organizations, and business is strictly prohibited and may lead to suspension or expulsion.

EXPECTATIONS

GENERAL EXPECTATIONS OF ALL MEMBERS OF UMAS

Coaches, parents, and cheerleaders represent UMAS when we travel to any competition or public event, whenever they are wearing UMAS apparel in public, and always on social media. The UMAS staff takes the program's reputation very seriously and have worked extremely hard to be regarded as a respectful program with high standards, morals, and ethics. We hope to form positive relationships with all other gyms, competition companies, and officials. All cheerleaders and parents are expected to always display a high level of sportsmanship.

PARENT/GUARDIANS AND GUESTS

- TRUST THE PROCESS!!
- Be positive. Do not criticize or make negative comments about vendors, judges, competition hosts, event workers, members and staff from other teams, or UMAS members (including your own child).
- Be respectful and courteous to everyone.
- Refrain from abusive or socially unacceptable language and physical confrontations of any sort.
- Show good sportsmanship during team performances, while at awards, and when representing UMAS.
- Accept placements and awards with dignity and class.
- All communications must follow the chain of command.
- No parent should approach the UMAS staff with any concerns while at practice or during any competitive events. All concerns must be submitted to all coaches of the team through your team's BAND.
- At no time and/or for any reason are you permitted to communicate with a competition official or host organization.
- At no time and/or for any reason is any spectator permitted in the competition or practice area. In cases of injury, the parent/guardian must wait until a competition official or coach permits the parent/guardian onto the floor.
- Do not coach or interact with a cheerleader or staff member from the sidelines during practice or competitions.
- Focus solely on your own athlete. Talking about any other athlete will not be tolerated.
- While at any event that UMAS attends, no UMAS-affiliated spectator may video tape during any UMAS performance. Please direct your energy into clapping, yelling, and cheering for our teams as this directly affects the team's overall performance score. Videos of the performance will be taken by a staff member or other individual selected by the UMAS Staff and displayed in the Facebook group and/or BAND.
- Parents/guardians are solely responsible for the participant's lodging, food, and travel expenses to and from all competitions.
- Videotaping, flash photography, and bright lights are prohibited at practice.
- Make certain that the participants are on time and properly prepared for every practice and competition.
- Stay informed. Check your BAND at least daily. Check your email, www.umdgc.com, and other UMAS social media regularly.
- Withholding a cheerleader from practice cannot be used as a form of discipline or as a threat. This is unfair to the rest of the team.
- Here at UMAS, we are one family. If you feel something is concerning or needs attention, please contact your coaches immediately.
- Attend all mandatory meetings.
- Complete all paperwork, registrations, and payments no later than the listed deadlines.
- Follow, support, and enforce all policies in this handbook.

TEAM MEMBERS

- Follow all policies and procedures.
- Always represent UMAS in a positive manner.
- Immediately inform coaches of any injuries, problems, or conflicts on the team.
- Any cheerleader that engages in an illegal or age-inappropriate activity will be suspended or expelled from the UMAS program. This includes, but is not limited to, smoking, drug use, vaping, or alcohol use. If the activity occurs less than one week prior to a competition, the athlete will be suspended or expelled immediately following the end of the competition so as not to penalize the team.
- Maintain acceptable grades. Each participant will be judged individually based upon past grade performances. Failure to maintain good grades will lead to suspension from the team.

- Maintain healthy eating and hygiene habits.
- Attend practices regularly and promptly.
- Be prepared and dressed properly for practices and competitions.
- Listen carefully to all staff and ask questions if something is unclear.
- Work hard and wisely during every practice.
- Always be respectful and supportive of coaches, teammates, and competitors.
- Display good sportsmanship.
- Trust your coaches.
- Be open and truthful with your coaches and parents.
- Believe in yourself. Always try!
- Read "Heads Up: Concussion in High School Sports," which is on the team website.

STAFF

- Ensure that participants are always safe and supervised.
- Address all parent and participant concerns and questions in a timely and professional manner.
- Ensure cheerleaders are attending the correct practice times.
- Use practice time wisely and keep participants working.
- Provide up-to-date information.
- Be prepared and on time for all practices and competitions.
- Provide age-appropriate motivation and discipline.
- Provide a healthy environment for the physical, emotional, and social development of the participant.
- Follow, support, and enforce USASF and UMAS policies at practices and competitions.
- Update all necessary clearances and certifications no later than October 1 of each competitive season. These include, but are not limited to:
 - USASF professional membership and all its requirements
 - Safe@AllStar requirements
 - Concussion training as mandated by the state and all governing bodies
 - PA clearances and background checks
- Meet required attendance and commitment.
 - Attend all competitions for one's team(s).
 - Schedule a suitable sub for all non-emergency absences and ensure the sub has all necessary information to hold a productive practice, class, or clinic.
- Make sure that the cheerleaders know their routines and are properly prepared for competitions.
- UMAS staff are responsible for providing all information to the Owner Operator or owners in a timely fashion. Failure to provide this information will result in teams not competing or disruptions to the scheduled practices.
- Provide copies of score sheets, judges remarks, and rankings to owners after each competition.
- Scoresheets during two-day events will be discussed while at the event. Scoresheets from one-day events will be discussed at the team's following practice.

COMMUNICATION & SOCIAL MEDIA

PARENT LIAISONS

The UMAS staff will select one volunteer Parent Liaison (PL) per team to be the primary point of contact for questions, to assist with team-related functions and activities, to run the team's BAND, and to plan team bondings. All PLs must meet all clearance and training requirements as mandated by state and federal law for volunteers prior to becoming a PL.

PL's will be the sole communication point between the UMAS coaching staff and parents on the days of competitions. If the team PL feels your concern is better handled by the UMAS, the issue will be forwarded to the UMAS Staff.

CHAIN OF COMMAND

The official chain of communication for team members and parents to follow is: Team Coaches -> UMAS Owner Operator. When at competitions, the following chain of command will be followed: PL -> Team Coaches -> UMAS Owner Operator. Not following the chain of command may lead to disciplinary actions.

COMMUNICATING WITH COACHING STAFF

Please use the Band app to communicate with coaches. When communicating in BAND, make sure to include all the team's coaches. The staff will attempt to respond to all communication within 48 hours of receiving it. While the UMAS staff are on breaks and at competitions, please provide additional time. Emails will also be sent for especially important and official information.

Personal Time

Disturbing any member of the UMAS staff in their personal time is prohibited. Please only use the staff's personal cell phone numbers to communicate when the staff member has given you explicit permission. All other communication must be done through the BAND app.

Meetings

Meetings and phone conversations may be scheduled during select times the coach is available. For safety reasons and to ensure the coaches are not distracted during the conversation, please do not discuss information while the coach is instructing, whether at practice or competitions. Only after multiple meetings with the UMAS staff should the UMAS Owner Operator and/or UMDGC owners be included in the discussions.

ELECTRONIC COMMUNICATION & ICLASSPRO

BAND App

To facilitate communication at competitions and to allow PLs and the coaching staff to send periodic reminders, UMAS will utilize "BAND." The "BAND" App complies with the SafeSport Electronic Communications and Safe@AllStar policy. BAND can be accessed through the BAND app on most phones, BAND app on computers, and through www.BAND.us on any web browser. You can receive notifications via email or on your phone.

- Board: The administrators can create a post, and everyone can usually leave comments. Multiple attachments can be included in a post, including photos, videos, files, location, polls, attendance, and events. Postings are organized chronologically, support hashtags for categorizing content, and a search function.
- Chat: The Chat feature allows for chatting with entire group members, select members, or one-on-one. Chat is used for immediate conversations that have non-specific topics.
- Calendar: On BAND Calendar, members can save group events with date, time, and location and ask for RSVP. All entries that were entered on the website's Team Calendar will appear on BAND within approximately an hour. For this reason, if you are searching for the latest changes for something that was just posted, always refer to the UMAS calendar at www.umdgc.com.

- Album: Members can create collective photo albums where every member can upload photos. Up to 100 photos can be uploaded at a time.

iClassPro

UMDGC and UMAS utilizes iClassPro for most payments: tuition, competition fees, uniforms, classes, and most camps. A few items will be purchased through the UMAS Pro Shop: practice attire, select UMAS camps, cheer shoes, and team bags. You can access iClassPro through free apps in Google Play and Apple App Store, or via the Customer Web Portal at www.umdgc.com.

When asked for the account you are trying to access: respond with "umdgc".

Gift Cards

Occasionally, UMDGC will offer bonuses programs on gift cards. The gift cards are applied to your iClassPro account as credits. They may be used for anything that you purchase through iClassPro or in-person at the UMDGC Front Desk. They **CANNOT** be used to pay third-parties such as the UMAS Pro Shop, Varsity, or USASF.

Automatic Payments

iClassPro allows you to store payment information and activated it for Automatic/Recurring Payments. To do this, log into your iClassPro account, add your payment information, and toggle the switch to activate Recurring Payments. Automatic payments are used **ONLY** for tuition starting with the second month and regular competition fees. Because we try to err on the side of caution, things that automatic payments will **NOT** be used for include:

- First month of tuition – because we do not know if you are accepting your placement.
- Uniforms – because we need to know your sizes.
- Anything that is past due.
- Anything that is on a payment arrangement.
- Payments that are to be made to third-parties such as Varsity and USASF.
- Competitions that are optional, are added late, and postseason – because we do not know if you are definitely attending. This include Regional Summit, Summit, Worlds, competitions listed on the schedules as TBD, and UCA.

Process

You are welcome to go into iClassPro to make payment by a different method, change your stored payment methods, or to deactivate automatic payments at anytime. Two calendar days before the due date, any available credits will automatically be applied. Any remaining balance will be charged one calendar day prior to the due date. A receipt will be automatically be sent to you if your payment was successful; notification will be sent to you if your payment was unsuccessful for any reason.

Split iClassPro Accounts

Families needing special payment arrangements due to custody or similar issues must email devasew@umdgc.com no later than the 3 days after the deadline to make your first tuition payment. There are no extensions or exceptions to this deadline. Individual family accounts will be created for those needing these special arrangements. When emailing devasew@umdgc.com, please include the following information:

- Student's First Name and Last Name
- Student's Birthday
- UMAS Team Name(s)
- The First Name and Last Name of each parent/guardian.
- Percentages that each parent/guardian will be responsible for tuition and competition fees. Please be detailed if information is different for tuition versus competition fees.
- Email of each parent/guardian.
- Phone number of each parent/guardian.
- Mailing address of each parent/guardian.

Secondary iClassPro Accounts

Families are encouraged to place all relatives that could be contacted in an emergency situation on their iClassPro accounts. If one of these guardians can be set to allow them to also make payments. Please note that if there is a separation, divorce, or similar custody issue, the payment options are not separated and both guardians would have access to them, and payments cannot be split between multiple payment methods at this time. In this situation, it is best to contact devasew@umdgc.com to set up the Split account to provide greater security. You can access more information here: <https://support.iclasspro.com/hc/en-us/articles/5602468960663-How-Can-a-Primary-Guardian-Grant-a-Secondary-User-to-Access-Their-Family-Account>

Questions or Need Help

The fastest and best option to receive help is by Googling iClassPro and a description of what you need help with. iClassPro has a great knowledge database. If you can't find the answers there, you can contact the UMDGC Front Desk at frontdesk@umdgc.com.

Website - www.umdgc.com

All official information, including the concussion information required by PA state law and Safe@AllStar links, will be posted to the UMAS portion of www.umdgc.com. You can also access your iClassPro account to make payments for tuition, uniforms, and competition fees from the www.umdgc.com.

Website – www.umallstars.com

The UMAS Pro Shop hosts their online store at www.umallstars.com. You can purchase practice attire, team bags, shoes, and UMAS-related apparel on the website. In addition, registration for select clinics and camps that are held at UMAS will be available through www.umallstars.com.

Facebook

Social media pages are a way to get notifications, updates, & information including weather closures, tryouts, classes, and other special events that are open to the public. Facebook will have a private UMAS Parent Group. This is a private group for the cheerleaders' guardians that is administered by UMAS staff. Information that is posted to this Facebook group by non-staff members is not guaranteed to be accurate or true. All members will be removed at the completion of the season or when they leave UMAS. All information on our UMAS Parent Page must remain confidential. While it is not mandatory, we highly suggest you join/follow all social media pages.

- www.facebook.com/UMASCheer/
- www.instagram.com/umascheer/
- twitter.com/um_allstars
- Facebook private book: UMAS Parent Group

Social Media Posts

Per USASF policies and copyright laws, attendees are not permitted to broadcast competitions live on social media.

All UMAS's choreography and music is highly protected and should not be shared, traded, shown, or discussed with others during the competitive season. Unless approved by staff, no videos should be shared to any forms of social media including screen recording of portions of routines, stunt sequences, dances, etc. Videos and/or music is not permitted to be shared with anyone not affiliated with UMAS and should not be uploaded to any online site including, but not limited to, YouTube, Facebook, Twitter, Soundcloud, Instagram, and Facebook.

To allow our spectators to loudly support the UMAS teams at competitions, a parent will be assigned as a videographer and/or photographer and will post their videos and photos to the UMAS Parent Page on Facebook once they have internet access and time to upload.

ATTENDANCE

ABSENCES

All star cheerleading is a team sport so ATTENDANCE IS MANDATORY. UMAS team calendars are set up months in advance.

Elite and Worlds Athletes will be required to have a fill-in athlete when absent from a practice. Failure to do so negatively impacts the whole team.

At the discretion of the UMAS staff, failure to follow the attendance policy may result in being moved to an alternate position, removed as a crossover, or complete removal from UMAS. Examples of unexcused absences include, but are not limited to:

- Excessive tardiness/absences to practices. If an athlete is late multiple times with no notice the athlete will sit for that practice.
- Athletes are allowed 3 absences in the summer and 3 during season months (Sept-April). Mandatory school events will be excused as long as it is discussed with the coach and approved with ample notice. These will not go towards your 3 excused absences.
- Family vacations not submitted by the deadline listed in the team BANDS. Please see gym closures listed below to plan vacations around summer, winter and spring breaks.
- Not attending or leaving the competition during your athlete's scheduled times to support other UMAS teams.
- The month of April is postseason Month for Regional Summit, The Summit and The Cheerleading Worlds. No vacations or absences will be excused.

UMAS Holiday Closures

Specific dates are distributed in the Evaluation Packet. General dates are as follows:

- Memorial Day Weekend: Friday to Monday of Memorial Day.
- July 4th Week: The week of July 4th. If July 4th is on a weekend, please contact the UMAS staff or check the information sheet distributed during Evaluations.
- August Closure: Mid-August. The Saturday after UMDGC summer camp ends to nine days after summer camp ends (two Sundays)
- Labor Day Weekend: Friday to Monday of Labor Day.
- Thanksgiving: Wednesday and Thursday of Thanksgiving.
- Winter Holidays: December 23 to December 26
- New Years: December 31 to January 1
- Spring Break: Sunday of Easter. Occasionally, also the Friday and Saturday of Easter.

WITHHOLDING CHEERLEADERS FROM PRACTICE

Withholding a cheerleader from practice cannot be used as a form of discipline or as a threat. This is unfair to the rest of the team and could lead to removal from the team.

EXTRA COMPETITION PRACTICE

UMAS will hold a mandatory extra practice immediately before most competitions. Teams that receive bids to The Summit or Worlds will have extra practices scheduled in the month leading up to the competition. These practices will be scheduled in advance so that families can make appropriate arrangements.

Coaches may call additional mandatory practices for the following reasons during the two weeks prior to a competition:

- Cancellation due to inclement weather
- Injuries
- Attendance problems

FINAL PRACTICES

After the final scheduled regular season competition, any team that will not be competing at a postseason competition will end their season. There is no prorating for practices that are not held.

FINANCIAL COMMITMENTS

All participants must be willing and able to make the following financial commitments prior to joining UMAS. Those that are not able to make the required payments will be removed from the team.

TIMELY PAYMENTS

It is essential that all payments are made in a timely fashion. The fees you pay are scheduled so that funds are available at the time they will be needed to pay third parties and staff expenses. Because there is little or no mark-up on the Competition Fees, there is little margin to cover those paying late. Delays in paying also cause unnecessary extra work for the front desk staff and UMAS staff to track down the payments and process late fees.

Past Due Fees & Suspension

All UMAS cheerleaders must be current on all tuition, competition fees, and assessed late fees to be permitted to compete and practice. Any payments received after the due date as listed on the UMAS Fee Overview will be subject to the following:

- A late fee is assessed at 12:01a on the day after the deadline for all fees. Late fees are used to cover interest payments and extra expenses associated with not paying fees in a timely fashion. Late fees will not be forgiven for any reason.
- The amount of the late fee will be equal to 10% of the undiscounted fee as listed on the current UMAS Fees Overview.
- If tuition, competition fees, and/or associated late fees are not paid in full by the seventh day after the due date listed on the current UMAS Fees Overview, the cheerleader is not permitted to practice or compete until they are current.
- If payment arrangements are made and not fulfilled, late fees of 10% for every 10 days the fees are not paid retroactive to the original due date. The athlete will not be permitted to attend competitions and practices until all the full balance is paid.

Individuals of any family that have a past due balance are not permitted to attend private lessons until their accounts are made current.

Automatic Payments

Please see Electronic Communications & iClassPro above for more information about iClassPro and their Automatic Payments and procedures.

Financial Hardships

If at any time there are temporary and isolated financial hardships, please directly email an UMDGC Owner (see cover) so that they can potentially work out a payment plan, talk with the UMAS staff about moving the cheerleader to an alternate position, or setting up a work arrangement. Payment plans must be arranged a minimum of one week prior to the due date.

When on a payment plan of any type, you are not permitted to attend private lessons.

WITHDRAWING FROM THE TEAM

IF WITHDRAWING FROM UMAS, YOU ARE REQUIRED TO COMPLETE AND CONFIRM A UMDGC REQUEST FORM ONLINE AT WWW.UMDGC.COM. Conversations, emails, band messages, or any other forms of communication requesting a withdraw from UMAS or UMDGC program are not valid methods of communicating the desire to withdraw; only the UMDGC Request Form is a valid method to withdraw. The date the UMDGC Request Form is received by the UMDGC front Desk is the date that is used to determine the eligibility of any credits and refunds. See more details in the Financial Commitments section later in this handbook.

Failure to complete a UMDGC Request Form will result in automatic payments to continue being processed and additional charges to be added to your account. If paying as you go, future payments will continue being charged to your account and will need to be paid prior to returning to any UMDGC activity.

Fees are non-refundable for any reason after the due date. Any fees paid before the due date are eligible for refund or credit if UMDGC Request Form is received before the due date. The retained fees go to covering the cost of a replacement cheerleader, time to choreograph changes to the routine, etc. If another cheerleader is selected to become a full member or crossover to take the departing/injured cheerleader's position, they will assume payment of the remaining fees for the withdrawing cheerleader; previously paid fees are not refunded or credited.

TUITION

Tuition is a set fee that all participants must pay June to April for Elite teams and September to March for Tiny and Prep Program teams. Tuition covers the cheerleader's liability insurance, payroll for the coaches during practices, rent, utilities, and other overhead expenses. Tuition does not include any fees associated with competitions, gifts, apparel, team bondings, uniforms, choreographer fees and music, etc.

All monthly tuition must be paid no later than the 1st of each month, except in January when it will be due on January 1. Monthly tuition is non-refundable and is not prorated for any reason after the first of each month, except for government-mandated closures.

Government Mandated Closure

After the first of each month, prorated credits will be issued and applied to the tuition owed for the final month of practice for the current competition season. If the final month of practices for the current competition season is prepaid or cannot be held, a refund or credit with bonuses will be offered.

Discounts Available for Tuition Payments

Early Registration (5%)

Receive a discount when making payment in full for UMAS Tuition. Deadline and amounts of the early registration discount are listed on the UMAS Fee Overview. Prices listed online reflect any Early Registration discounts.

Employee Discount (25% and up)

UMDGC employees scheduled to work a minimum of one hour per week are eligible to save on programming that occurs while working. The employee and all members of the household receive at least 25% off; directors, owner operators, and general managers receive more generous discounts. This discount is applied after all other discounts and prorating are applied. If the employee has prepaid and is no longer employed for a minimum of 1 hour per week, the employee will be invoiced for the difference and will not be able to participate until the amount is paid.

Male Athletes

All biological males on World's teams are eligible for free tuition and commitment fees at UMAS. All other fees must be paid. In order to take advantage of this deal, the adult male or one of his parents must email a_daulerio@umdgc.com and devasew@umdgc.com with the athletes name and placements. Adjusted tuition will start on the date that the notification; tuition fees that were due prior to notification are not adjusted for any reason, are still due, and will accrue late fees until paid in full.

Military (10%)

Participants receive 10% off if any member of the household is a current member or veteran of the military. This discount is valid on classes, clinics, camps, and team tuition only. Copies of any of the following will be accepted as proof: driver's license with veteran designation, Veteran ID Card (VIC), DD-214, and NGB-22. Proof may be submitted via email to frontdesk@umdgc.com or in-person, and only needs to be submitted once. This discount is applied after all other discounts are applied. Proof must be on file prior to receiving the discount.

SNAP (10%)

Families must submit proof of eligibility for the SNAP program to frontdesk@umdgc.com or in-person at the front desk starting September 1 of each year. The only acceptable proof of SNAP eligibility are 1) a screenshot of the family's online SNAP account stating "active" or 2) a current copy of "My COMPASS Account Benefit Details". Proof must be on file prior to receiving the discount. Each eligible participant receives 10% off class fees, team tuition, and camp

Tuition Adjustments Due to Injuries

A UMDGC Credit will be issued for any time that a team member is under a medical professional's care for an acute injury for at least 14 days. Illnesses and chronic conditions/injuries are not eligible for tuition adjustment. Examples of chronic conditions/injuries include, but are not limited to, Sever's disease, Osgood-Schlatter, asthma, repeated concussions, and having pain only when performing the activity and/or a dull ache when at rest.

To receive an UMDGC Credit equal to 50% of the tuition paid, the athlete must have been injured at UMAS or a USASF sanctioned event, and the injury must have been reported to the UMAS staff within 24 hours of occurring. Participants are not eligible for tuition adjustments if the athlete attends a competition during the time of the tuition adjustment. The process to receive a tuition adjustment due to acute injury is as follows:

1. The primary staff member of the injured participant must submit an Incident Report within 24 hours of the injury. Injury reports are available on the UMDGC & UMAS Staff webpage. A copy of the report is to be sent

to the participant or their family upon competition. If an Incident Report is not submitted within 24 hours of the injury, reimbursement for missed practices will not be awarded.

2. Email a copy of the initial doctor's note with diagnosis to devasew@umdg.com no more than 24 hours of the date on the doctor's note. Notes submitted more than 24 hours after issuance will not be eligible for a credit.
3. Once the athlete is cleared to return to full activities, email a copy of the doctor's note to devasew@umdg.com no less than 24 hours after issuance. UMDGC credits will be issued within three business days of receiving the copy of the doctor's note all months that the athlete was restricted. Notes submitted more than 24 hours after issuance will not be eligible for a credit.

UNIFORMS

Please see the UMAS Uniform Price List for prices and deadline.

Uniform Orders

Deadlines are listed on the UMAS Uniform Price List and are listed on the team calendars. In some cases, the price of the uniform will be lower the earlier they are purchased. Items ordered after the final deadline could be significantly delayed and may not be available for a part of the competitive season.

Because uniforms will be ordered shortly after each deadline, uniforms are non-refundable, non-returnable, and not eligible for credits after the listed deadline immediately following the date you place your order.

Sizing information will be available through the BAND. The sizes will then be forwarded to the parents so that they can review the sizing and enter the correct size when ordering. Uniforms cannot be ordered without a size.

The cheerleader's family is responsible for all alteration costs. If you must change the size of a uniform after placing the order, please complete a UMDGC Request Form no later than the deadline that immediately follows the date you placed the order.

Manufacturing of the uniforms may take up to 12 weeks.

Selling Used Uniforms

Each design is used for approximately 3 seasons. Used items may be available for sale through the UMAS Buy/Sell/Trade BAND. This BAND is open to any current or former UMAS members in good standing. If you have items to sell, feel free to post your items in the BAND. Make sure to read the Important Notice at the top of the BAND about posting etiquette. The Link will be available from the UMAS page of www.umdg.com.

These are transactions between the two families; do not leave money or items with the front desk or with UMAS staff.

You must receive written approval from the UMAS staff prior to selling uniforms or other UMAS-branded apparel to non-UMAS members or donating items to charity.

Borrowed Uniforms

When an item must be borrowed, it is the responsibility of the two parties to handle all exchanges. UMAS is not responsible for any damage, misplaced, or lost items.

Team Bag

Only UMAS backpacks will be permitted at competitions. Bags must be ordered through the UMAS Pro Shop. For Prep/Tiny team members, team bags are optional; elite team members must have a team bag.

USASF MEMBERSHIP

There is an annual, non-refundable, and non-transferable membership fee for all athletes that wish to participate in an All-Star competition. Membership runs August 1 to July 31 and fees are not prorated for registering late. It is the responsibility of the cheerleader's parent/guardian to process the membership through www.usasf.net no later than July 31 for Elite Team members and September 15 for Prep Program members. UMAS staff cannot register cheerleader for competitions without a membership, so not meeting these deadlines can adversely affect the entire program.

COMPETITION FEES

Please see the UMAS Payment Chart for more details and exact prices.

The Competition Fee covers all the third-party expenses related to competing: coaches' credentials & background checks, program membership fees for USASF, bows/scrunchies for female cheerleaders, materials related to all star

competitions, choreography, music, Spirit Gift Fee, registration fee for regular season competitions, coaches travel fees for all regular season competitions, and other competition-related expenses. These fees do not include the cheerleader's or their guests' fees associated with traveling to and from the competition, attending the competition, and staying at the competition.

The fees were totaled together and broken into monthly installments; the exact amount depends on the level of the team and the regular season competitions the team is attending. These installments will be due on the 15th of select months. Automatic payments for Competition Fees are not discounted.

If joining late, the participant will have a maximum of 30 days to catch up on all past due competition fees.

Canceled Competitions

The UMAS staff has sole discretion to adjust, cancel, and add competitions. If a competition is canceled, the fee will be deducted from the amount owed for postseason competitions. If the cheerleader is not attending postseason competitions or the amount is greater than the amount of the postseason competition fees, you will be eligible for a refund at the completion of the season.

Covered by Competition Fees

Following are some of the things covered by the Competition Fees

Choreography/Music Fee

All teams receive custom-made music along with routine choreography. Dates for choreography will be determined after team placements. Choreography typically takes place in August, September, and October.

Spirit Fee

The Spirit Fee is used to purchase special gifts for the cheerleaders before major events, and for parties to celebrate successes throughout the season. If joining late, the fee may be prorated for items that were not purchased for the cheerleader.

Coaches' Travel Expenses

The competition fee includes all expenses related to the UMAS staff's expenses to attend the competition. This includes, but is not limited to the following:

- Mileage as established by the IRS if the staff is using an employee's car.
- Rental car and fuel if not using an employee's car.
- Meal reimbursement as established by the federal government's General Services Administration (GSA).
- Hotel at the selected competition host hotel or similarly priced hotel in the area.
- Airfare, train, or bus fare.
- Tolls & parking fees.
- Luggage fees.
- Stipend or pay as agreed to in the employee handbook.

UMAS Staff or designated members of the UMAS Booster Club will handle the travel arrangements for all UMAS staff members.

UCA

Many years the UMAS Elite & Worlds teams will attend UCA All Star Championship at the Walt Disney World Resort. Check the competition schedule or contact the UMAS staff to see the tentative plans.

If attending, the cost for the coaches' travel is incorporated into the normal competition fees, but a separate fee will be paid directly to UCA for the registration and/or hotel accommodations. Pricing will be released by UCA in October and an informational meeting will be held afterwards. It is the parent's responsibility to register their cheerleader by UCA's deadline once notified by the UMAS Staff.

POSTSEASON FEES

Invitation to Regional Summit, Summit, and Worlds competitions requires each UMAS team to win a bid at a regular season competition and is therefore not included in the competition fee and automatic payments. Summit and Worlds qualifying cheerleaders will be responsible for paying for a 3- to 4-day hotel package to Varsity and/or USASF by the deadlines listed by the competition hosts. UMAS will handle the payments for the Regional Summit if it is held as it was in the past.

In addition, a fee will be due to UMAS to cover expenses related to these competitions: sendoff, extra practices, practice attire, and processing fees for the registration/rostering process. However, the UMAS Booster Club has

been able to fundraise enough to cover these latter fees in the past and they are hoping to do so again in the upcoming season.

BOOSTERS CLUB

UMAS has a booster club that provides several fundraising opportunities for interested families, including Scrip. The UMAS Booster Club complies with all regulations and laws pertaining to a non-profit organization supporting a for-profit company. Funds paid by the UMAS Booster Club can only be used to pay UMAS fees and Competition fees; they cannot be used for tuition, classes, camps, or any other fees that are kept by UMDGC. For more information about joining the booster club to support UMAS athletes, contact the board:

BAND app: <https://band.us/n/a8a713QfqdN6n> or search for "UMAS Booster Club"

Email: umasboosterclub@gmail.com

EVALUATIONS & PLACEMENTS

UMAS staff will place all athletes during evaluations. Once placed on a team, athletes must maintain the skills that they demonstrated during tryouts. The UMAS staff retains the sole right to remove an athlete from any team or move the athlete to an alternate position if the athlete cannot perform the skills they performed at evaluations or does not show sufficient progress in technique and form during the season.

EVALUATION PROCESS & PLACEMENTS

A two-step evaluation process will be held in May. The first day of evaluations covers tumbling and jumps; callbacks will include stunting evaluations. Group evaluations are open to the public; private evaluations are not open to the public.

The UMAS staff is solely responsible for callbacks and selecting the final teams. Tumbling can play a large factor in team placement, but a variety of skills, abilities, and body types are necessary to make each team a strong contender. The staff will do their best in selecting the correct cheerleaders for each team so that it will have the highest potential for success.

LOSS OF SKILLS

The UMAS staff retains the sole right to remove a cheerleader from any team or move the cheerleader to an alternate position if the cheerleader cannot perform the skills they performed at evaluations, does not show sufficient progress in technique and form during the season, or who repeatedly cause deductions at competition.

CROSSOVERS

All cheerleaders will be asked during evaluations if they would be interested in being a crossover. The UMAS staff will be solely responsible for deciding which athletes will be selected as crossovers. The staff will be looking for individuals that show great skill potential, and the ability to learn choreography and new skills quickly.

Crossovers receive free tuition for the second team. However, crossovers are not eligible for any payment plans or payment arrangements. All fees are due on the due date as listed on the Payment Overview that is released during tryouts.

Crossover Fees

Crossover fees will be split into up to four installments. A complete breakdown of those fees will be available once the competition schedule is confirmed. The current installments are as follows:

1. Crossover Fee #1: Crossovers will also have a one-time \$250 commitment fee due one week after placements are finalized (August or September). This commitment fee goes towards the additional team's music and choreography expenses.
2. Crossover Fee #2: This Crossover fee pays for all crossover registration fees for all competitions EXCEPT UCA and Summit. This fee will be known once the competition schedule is finalized.
3. Crossover Fee #3: The third installment covers the crossover registration fee for UCA. This price will be released once the UCA payment information is released to the public and will be paid directly to UCA.
4. Crossover Fee #4: The fourth and final installment will cover postseason registration expenses and will be due sometime between January and April. The due date of this fourth fee will be determined by the deadline posted by the postseason competition host. Possible scenarios include:
 - A. A person crossing from a Worlds team to a Summit team will pay the full fee to attend Summit.
 - B. A person crossing between two Summit teams will pay the crossover fee for the team that received the Summit bid later.
 - C. A person crossing between a Summit team and a Regional Summit team will pay the full fee to attend regional summit.
 - D. A person crossing between two Regional Summit Teams will pay the crossover fee for the team that received the Regional Summit bid later.

Other Fees Associated with Crossing Over

- Practice Attire: Contact the UMAS Pro Shop to see if practice attire must be purchased for the second team. Even if not required, it may be beneficial to reduce the need to do laundry more often.

- Uniform: Depending on the teams, the cheerleader may need 2 uniforms. Special uniform pricing may be available if the cheerleader is added after the first uniform deadline. Contact the UMAS Owner Operator to find out if this is possible.

Crossovers in the Postseason

Crossovers are not guaranteed to compete on multiple teams at postseason competitions, even if both teams qualify. After all the teams for a postseason competition have qualified, the coaching staff will decide to which team(s) the crossovers are assigned. The decision will be based upon the rules for the postseason competition, minimizing the risk injury, maximizing the productivity of practices, providing the teams with the best opportunity to win, and minimizing potential scheduling issues at practices and competitions.

If selected to be a crossover, there may be additional entry fees, apparel fees, and other types of fees associated with the competition. Crossovers between Worlds and Summit are permitted to remain in Orlando between the events if they wish; siblings of World athletes who are competing at The Summit are required to attend any scheduled practices between Worlds and The Summit unless they receive prior authorization from the UMAS Owner Operator.

ALTERNATES

Alternates are cheerleaders who attend team practices and function as reserves when full members are unable to compete or practice due to illness, injury, absence, or disciplinary action. Cheerleaders may be selected by the UMAS staff to be alternates because they do not have all the necessary skills to become a full member, individuals in cheer classes or other UMAS teams that show great potential, financial reasons, demotion due to disciplinary reason, or any other reason that the UMAS staff may decide. Alternates will not be included in the choreography unless they become full members.

- Tuition: There is no tuition unless the alternate becomes a full member. Once placed as a full member, the alternate will begin paying a prorated fee for that month, and full tuition for all following months.
- USASF Fee: Alternates are required to have a valid USASF membership by July 31 for Elite Team members and September 15 for Prep Team members. Register online at www.usasf.net.
- Competition Fees: Alternates may attend competitions as injuries or illnesses can happen at any time. There will be no competition fees due unless the athlete becomes a full team member. If the cheerleader becomes a full member, they will be responsible for all additional fees that are due.
- Uniform: The uniform must be purchased by the alternate as soon as they become a full team member.

POSTSEASON

The priority for postseason competitions (e.g., Summit, Regional Summit, Worlds) is to win and/or advance as far as possible. While full members of the team that qualifies for the postseason will be given priority, the UMAS staff has the right to replace a member who is unable to perform the entire routine safely, consistently, and with minimal deductions. A refund will be issued in June for any competition fees that were charged.

Alternates who compete at a qualifying competition are not guaranteed a spot on the postseason roster.

Crossovers are not guaranteed to compete on multiple teams at postseason competitions even if both teams qualify. After all the teams for a postseason competition have qualified, the coaching staff will decide to which team(s) the crossovers are assigned.

COMPETITIONS

COMPETITION FIRST, EVERYTHING ELSE LATER

Please remember that cheerleaders attend competitions with the sole purpose of competing. The cheerleader is required to attend all scheduled practices, meetings, and team functions during the time the team is attending the competition.

GENERAL INFORMATION

The complete schedule will be finalized by the UMAS staff during the summer once the event producers release the information. Every cheerleader is required to attend every competition for all teams they are a member of, including athletes who are injured.

- Chain of Command at Competitions:
 - 1 - Team Parent Liaison (PL).
 - 2 - Team Coaches
 - 3 - UMAS Owner Operator
- Competition Schedules
 - Competitions may be scheduled on Friday at the event host's discretion. We will notify affected teams ASAP if this change happens.
 - A tentative schedule is typically available the Wednesday before the event. This schedule will be posted in the team BAND.
 - A final schedule will be released no than the Friday before the event. This information will be posted in the team BAND.
 - Any changes after Friday will be posted in BAND.
 - Itineraries for long-distance competitions will be sent out as far in advance as possible.
- Competition Day:
 - Meet with the team PL. Report times are usually 60-90 minutes before warm-ups.
 - Athletes must have all their hair and make-up done by the report time.
 - Teams will move to the warm-up area. Only UMAS staff are permitted in the warm-up area with the cheerleaders; parents are never allowed in the warm-up areas.
 - After the team performs, they are released until the awards.
- Competition Awards:
 - The cheerleaders will appear for awards the same way they appeared to compete-in full uniform. No cell phones and no personal belongings.
 - All UMAS cheerleaders are expected to display a high level of sportsmanship.
- Competition Dress Code:
 - Only UMAS attire is to be worn: UMAS uniform, UMAS warm-ups, or UMAS team/gym shirts.
 - Full uniform must stay on. Taking off sleeves or any other piece of your uniform is not permitted.
 - Senior Teams may only be in a midriff uniform during warm-ups and performances. All other times they are to have on an appropriate UMAS shirt.
- UMAS Performances: All UMAS athletes, families, and fans are to support every UMAS. Performance scores are a huge part of the judging, so the cheerleaders need as much support as they can get. Nothing is worse than a team performing with little to no crowd support. Sometimes this will require other competing cheerleaders to arrive early or stay late.
- Acceptance of Bids: It will be decided by the UMAS Staff whether to accept bids. Things such as previously scheduled events during the "bid event" will result in the denial of a bid. If the UMAS staff decides to accept the bid, the team will need 75% of its cheerleaders to attend the competition.

TRAVEL

Families are responsible for all travel arrangements and payments for the cheerleader and any of their guests attending the competition. It is best to make travel arrangements as soon as possible. However, please remember that times, days, and locations could change, or the competition may be canceled, so ensure that your accommodations and travel plans can be adjusted affordably if anything changes or is canceled. Please remember that cheerleaders are not to leave for a competition prior to the last practice, including any extra practices that will be held.

For some competitions, the event producer requires a "Stay Smart" policy to receive special benefits from the convention center. This means that all cheerleaders and coaches may be required to stay at an approved hotel, or they will not be permitted to compete or will receive a surcharge.

For any competition that is not "Stay Smart", families are welcome to stay at the hotel of their choice based upon their interests, preference, and perks/membership programs. UMAS will occasionally block rooms at one or two of the local hotels for each of these competitions. The block of rooms is often limited in size by the book agent and will often have a deadline.

Long-Distance Travel Cancelations

UMAS will attempt to make cancelations no later than one week prior to long-distance competitions. However, in extreme and/or emergency situations, it may be required to cancel the trip with less than one week's notice. UMAS staff will try to provide constant updates with the latest information available through Facebook and/or BAND. If conditions are dynamic, it is recommended you travel as close to the report time as possible. It is also recommended that you purchase travel insurance for hotels and airfare if available to reduce exposure to losses if the competition is canceled unexpectedly.

HEALTH

BULLYING

UMAS will not tolerate any form of bullying by participants or parents. Bullying is, but not limited to, any unwanted, aggressive physical, or emotional behavior that involves a real or perceived power imbalance. Bullying behavior is repeated, or has the potential to be repeated, over time. No bullying will be permitted either in person or on social media, groups chats, or texts.

If a participant has any concerns with regards to bullying, either as a victim or as a witness, it is advised that an adult staff member of UMAS be contacted immediately. The head coach(s), Owner Operator, and/or owner(s) will determine what actions must take place based upon the information collected, will notify a parent/guardian of the victim of bullying, and whether additional action is needed with regards to Safe@AllStar. Actions that may be required include but are not limited to: apologizing to the other party, suspension, and expulsion without refund. Disciplinary actions will be at the discretion of head coach, owner operator, and owners based upon the information collected.

CONCUSSIONS

UMAS follows the general policies and intent of PA Senate Bill 200 to ensure the safety of our participants when the possibility of a concussion exists. The most important aspects of this bill are:

- All participants and parents must read "Heads Up: Concussion in High School Sports", which can be found on the team websites. Confirmation that you have read the appropriate information is included on the team commitment form.
- UMAS staff members who are professional members of USASF will be required to take an annual concussion management certification course offered by the Center for Disease Control.
- Participants with any concussion symptoms must be removed from all activities.
- Participants may only return to activities after they have been evaluated and cleared in writing by an appropriate medical professional.
- Coaches who do not comply will be penalized in a manner like those required by coaches of extracurricular activities:
 - For the first violation—suspension from coaching at competitions for three months.
 - For the second violation—suspension from coaching at competitions for 12 months.
 - For the third violation—permanent suspension from coaching any competitions.

HYGIENE & APPEARANCE

All athletes must maintain a groomed appearance and good personal hygiene. Please remember that the cheerleaders will be near each other, so athletes' hygiene will be particularly important to their teammates. Examples include:

- All athletes are always required to wear underwear and/or spandex shorts.
- Use deodorant liberally and reapply often regardless of age.
- Please bathe before and/or after practices.
- Wear clean clothing.
- The cheerleader's hair must always be out of their face. Long or loose hair that is not secure can be a safety hazard.

INJURIES

If an injury occurs during a practice or a competition, the participant must notify the coach immediately. In the case of a serious injury, the staff at UMAS will attempt to contact the parent/guardian immediately. If the staff cannot contact a parent/guardian, the staff will use their best judgment to ensure that the participant receives the proper medical attention.

Medical Notes

Only participants that have a valid medical note will be given exemptions from normal practice expectations. Unless a medical professional specifically states that the participant is not permitted to attend practice and is not permitted to do any physical activities, injured participants are expected to attend practice. Injured athletes will

focus on flexibility, strength, and specific skills that do not affect the injured area, can perform physical therapy treatments, and will learn any changes to the routines.

Return to UMAS

A written doctor's release is required for the athlete to return to practice. Once the cheerleader is cleared, the UMAS staff will be the sole decisionmakers in determining when the cheerleader is ready to rejoin practices and participate in competitions. The safety of the injured cheerleader, the safety of the injured cheerleader's teammates, and the best interests of the team will be the primary factors when the coaching staff makes the decisions.

Replacements for Injured Cheerleaders

When a team member suffers an injury, the UMAS staff will select a replacement. If having a replacement is not an option, the team will re-work the routine. Additional practices may be called for with minimal notification.

NUTRITION

All team members are expected to maintain good eating habits. Due to the prevalence of eating disorders and liability issues, UMAS does not permit any coaching staff to provide additional nutritional information to the participants unless it is formulated by a certified nutritionist or provided by the national governing body of the sport.

Due to the prevalence of food allergies, food should never be shared by the staff or cheerleaders. If the cheerleader has a known food allergy, it is the responsibility of the cheerleader and their parents/guardian to continually remind the UMAS staff and provide alternative food options if needed.

Due to food allergies, it is imperative the coaching staff and all participants wash their hands with soap and water for 20 seconds to reduce the chance of allergic reactions after eating.

OTHER INFORMATION

PRACTICES

Food & Drink

Closed water bottles are the only beverages permitted in the workout areas. No food is permitted in the gym.

Cheerleading Shoes

For the safety of the other cheerleaders, do not wear your cheer shoes outside. Stones, glass, or other hazards can be tracked onto the equipment and cause injuries when tumbling or stunting.

Practice Wear

Cheerleaders are required to wear practice attire to all practices. The only time practice wear is not needed is during "theme nights" or at the coaches' discretion. The schedule of what to wear at each practice will be listed in the team BAND.

Practice attire will be ordered through the UMAS Pro Shop. Please note the deadlines for each order that are listed in the team BAND.

Clean-Up at the End of Practices

All team participants are responsible for making sure the practice area is cleaned at the completion of every practice and all mats, equipment, and other supplies are stored correctly.

Personal Belongings

UMAS is not responsible for damaged, stolen, lost, or misplaced property, including money. Bring it at your own risk. Any food- or drink-related items will be thrown away at the end of each night. Items such as cheer shoes, book bags, purses, wallets, jackets, cell phones and other electronics, and other personal effects will be held up to 7 days before being donated to charity or thrown away.

Cell Phones

Participants are not allowed to use cell phones on the competition floor and warm-up areas at competitions or anytime during practices. Cheerleaders who use their cell phones during practice will have their phones confiscated and returned at the end of practice. All official phone calls to parents/guardians will be made from the gym phone or coach's cell phone unless the facility loses electricity.

Observation of Practices

UMAS practices are closed to observation. On special occasions and to provide extra motivation, parents may be invited in to observe practices. Other than send-offs and the showcase, these observed practices are rarely planned in advanced; notification will be sent through the BAND for any available parent/guardian to come to UMAS to observe.

BIRTHDAY/TEAM PARTIES

The UMAS staff asks that if you wish to celebrate a cheerleader's birthday or a special achievement for the team, the celebration will take place after the end of the practice in the team room if it is not being used. We ask that you be cognizant of possible food allergies; healthy snacks and traditional party favors are preferable. Please make certain to clean up the team room when finished.

SPECIAL EVENTS

Reveal

If situations allow, the team placements are announced at a special event shortly after the final callback of evaluations. This fun, cheerleader-only event is held at UMAS with snacks and special gifts. Everyone, including those attending the Reveal, will receive their placement through email within 24 hours of the Reveal.

Team Meetings

Mandatory Team meetings are held after team placements. If a family is unable to attend at the scheduled time for their team, they can contact the UMAS Owner Operator to find another timeslot to attend. The following will be done at these meetings:

- Uniform sizing
- Meet and greet with the team's coaches, UMAS Owner Operator, and other key staff.
- Links to the team BANDS
- Review of UMAS team handbook.
- Expectations for the upcoming season.

Showcase

The showcase is designed as a dress rehearsal for competition season. Family and friends are invited to watch the routines, or sections of the routines, that the squads have practiced during the summer and fall. Family, friends, and other UMAS members can enjoy watching the cheerleaders perform without the stress of the competition.

DISCOUNTS AVAILABLE AT UMDGC PROGRAMMING

As a part of UMDGC, UMAS members are eligible for several discounts for programming that occur at UMDGC. Check the UMDGC Policies Sheets on www.umdgc.com for complete details. These discounts are not applicable to UMAS programming.

Add-A-Class (50%)

Near the start of each class session at UMDGC, all participants enrolled in UMAS teams may register for classes held at UMDGC for 50% off. Non-recital dances may also be eligible. Fees will be prorated for missed classes, but no other discounts apply.

Applying Discounts

iClassPro should automatically apply any eligible discounts automatically. If you feel that you did not receive the correct discounts, please email frontdesk@umdgc.com with details. Please remember that you must submit prior of eligible for military and SNAP discounts BEFORE making the initial payments, and that the staff must have activated the discount on your account for it to appear.